

# THE EFFECTS OF NON CARIOUS CERVICAL LESIONS - MORPHOLOGY, LOAD TYPE AND RESTORATION - ON THE BIOMECHANICAL BEHAVIOR OF MAXILLARY PREMOLARS: A FINITE ELEMENT ANALYSIS

## OS EFEITOS DAS LESÕES CERVICAIS NÃO CARIOSAS – MORFOLOGIA, TIPO DE CARREGAMENTO E RESTAURAÇÃO - NO COMPORTAMENTO BIOMECÂNICO DE PRÉ-MOLARES SUPERIORES: ANÁLISE POR ELEMENTOS FINITOS

Paulo Vinícius SOARES<sup>1</sup>; Giovana de Almeida MILITO<sup>2</sup>; Fabrícia Araújo PEREIRA<sup>3</sup>; Livia Fávaro ZEOLA<sup>4</sup>; Marina Ferreira de Lima NAVES<sup>5</sup>; Vítor Laguardia Guido FARIA<sup>6</sup>; Alexandre Coelho MACHADO<sup>7</sup>; Paola Gomes SOUZA<sup>8</sup>; Bruno Rodrigues REIS<sup>9</sup>

1. Professor adjunto do departamento de Dentística e Materiais Odontológicos da Faculdade de Odontologia da Universidade Federal de Uberlândia - FOUFU, Uberlândia, MG, Brasil. [paulovsoares@yahoo.com.br](mailto:paulovsoares@yahoo.com.br); 2. Mestre em Clínica Odontológica – FOUFU, Uberlândia, MG, Brasil; 3. Doutoranda, Faculdade de Odontologia, Universidade de São Paulo – USP, São Paulo, SP, Brasil; 4. Mestranda – FOUFU, Uberlândia, MG, Brasil; 5. Graduanda – FOUFU, Uberlândia, MG, Brasil; 6. Graduando – FOUFU, Uberlândia, MG, Brasil; 7. Mestrando – FOUFU, Uberlândia, MG, Brasil; 8. Graduanda – FOUFU, Uberlândia, MG, Brasil; 9. Doutorando, Faculdade de Odontologia – USP, São Paulo, SP, Brasil

**ABSTRACT:** The aim of the present study was to analyze the effects of different types of non-carious cervical lesions (NCCLs) and their morphologies in premolars, restored (or not) with composite resin, on the application three occlusal loadings. The hypothesis was that differing NCCL morphologies, loading types and restoration with composite resin affect stress distribution patterns. A two-dimensional linear Finite Element Analyses (FEA) simulated a healthy tooth model (H) with dental structures including: dentin, pulp, enamel, periodontal ligament, cortical bone, and trabecular bone. Three NCCL morphological models were examined: Mixed (MI), Sauce (SA) and Wedged-shape (WS). All types of lesions were analyzed with and without restoration. The models were considered homogeneous and elastic. In each model three load types: 100N: vertical load (VL), buccal load (BL) and palatine load (PL) were applied. The Maximum Principal Stress values were analyzed. The quantitative analysis of stress (MPa) was identified at five points of the NCCLs according to the morphology of the lesion type: initial point, superior wall, center of lesion, inferior wall and final point. It was found that NCCLs restored with composite resin exhibited stress distribution patterns similar to the healthy tooth model, independent of morphology and load. The Palatine Load was responsible for providing the highest values of accumulated tensions on the NCCL. The highest values of tensile stress on NCCL areas were found in the models without composite resin restoration, which had received PL. It was concluded that the different NCCL morphologies had little effect on stress distribution patterns. The major factors that affected the biomechanical behavior of premolars presenting NCCL were load type and the presence of composite restoration.

**KEYWORDS:** NCCL. FEA. Composite resin.

### INTRODUCTION

Non-carious cervical lesions (NCCLs) are characterized by the loss of hard tissue in cervical regions with the absence of caries and by a slow and progressive development (MILLER, 1907). This type of lesion is usually located below the CEJ, independent of tooth type, morphology or size of lesion (HUR et al., 2011). NCCLs have a multifactorial etiology that associates stress (abfraction), friction (wear) and biocorrosion (chemical, biochemical and electrochemical degradation) (GRIPPO et al., 2012). These lesions affect both genders and increase in prevalence with the age of patients (AW et al., 2002; WOOD et al., 2008; BRANDINI et al., 2012). The NCCLs are

most often found on the buccal face of premolars and canines, with a higher prevalence on the first premolars (AW et al., 2002; WOOD et al., 2008).

Studies have discovered that cervical lesions present varying morphological aspects. HUR et al. (2011) classified NCCLs into three morphologies: wedge-shaped, source-shaped and mixed-shape. A wedge-shaped lesion is characterized by a sharp internal line angle. The saucer-shape lesion has a rounded internal line angle. When the lesion has smooth lines and semi-circular shape, but the cervical wall has a clearly acute angle line, it is called a mixed-shape lesion (HUR et al., 2011). Some authors suggest that, while the morphology can be derived from multifactorial etiology, the

shape is not associated with the cause of the lesion (WOOD et al., 2008).

Occlusal factors have been identified as the major etiological factors for NCCL formation and growth. Once established, the lesion may present accelerated progression due to tooth brushing with excessive pressure and acidic substances, (TAKEHARA et al., 2008; GRIPPO et al., 2012). Some habits like nail biting, clenching teeth, and temporal-mandibular dysfunctions are factors that may be related to NCCL etiology and progression and should be diagnosed and considered in treatment (BRANDINI et al., 2012).

Different types of occlusal contact create varying patterns of stress distribution on teeth. Contact on the long axis of the tooth may be related to excessive stress generated in the cervical region and with the formation of cervical lesions (REES, 2002). This contact can lead to a weakening of the continuity between the hard tooth structures and cause increased stress in the cervical region (ANDREAUS et al., 2011). These factors, combined with poorly developed enamel and the demineralizing effects of acid biocorrosion, can lead to the emergence of NCCLs (REES, 2002).

The restoration of NCCLs is not considered "treatment" but the removal of etiological factors and the replacement of lost tissue can promote an improvement in aesthetics and a reduction of possible hypersensitivity (MICHAEL et al., 2009). Composite resins, glass ionomer cements and Polyacid Modified Composite Resin are useful for the restoration of these lesions (WOOD et al., 2008; ONAL; PAMIR, 2005; TURKUN e CELIK, 2008). Adhesive predictability promotes successful and satisfactory bonding to tooth structure (BURROW; TYAS, 2008; FRON et al., 2011; CHEE et al., 2012). The resins have an elasticity similar to

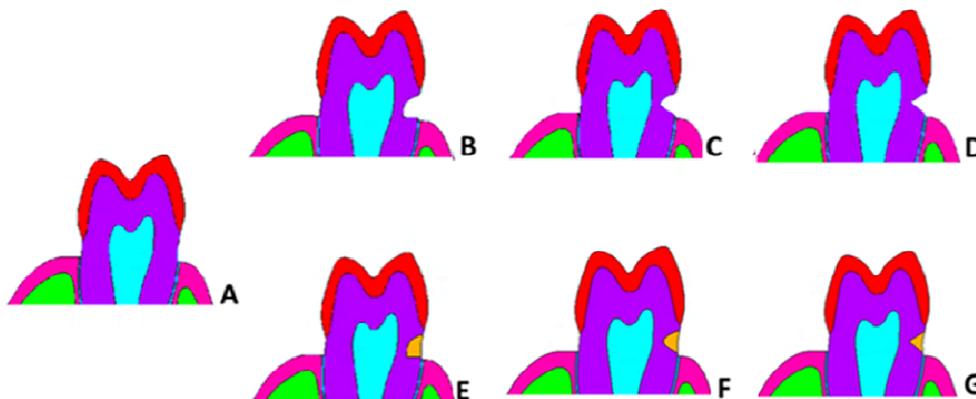
dentine, which may be considered sufficient to offset the stress generated by occlusal forces (SENAWONGSE et al., 2010).

Methods that use simulated dental structures and their properties are useful to analyze the dental behavior associated with structural loss, occlusal conditions and the effects of restorative materials. The finite element method is a tool that enables analysis of the stress that is generated on teeth in commonly observed situations. This analysis aides the professional in the diagnosis and planning of treatment, providing greater security (DEJAK et al., 2003; REES et al., 2003; CHATVANITKUL; LERTCHIRAKARN, 2010).

The purpose of this study was to analyze the effects of different NCCL morphologies in premolars, restored (or not) with composite resin, applying three different occlusal loadings. It was hypothesized that differing NCCL morphologies, loading types and restoration with composite resin affect the biomechanical behavior of maxillary premolars.

## MATERIAL AND METHODS

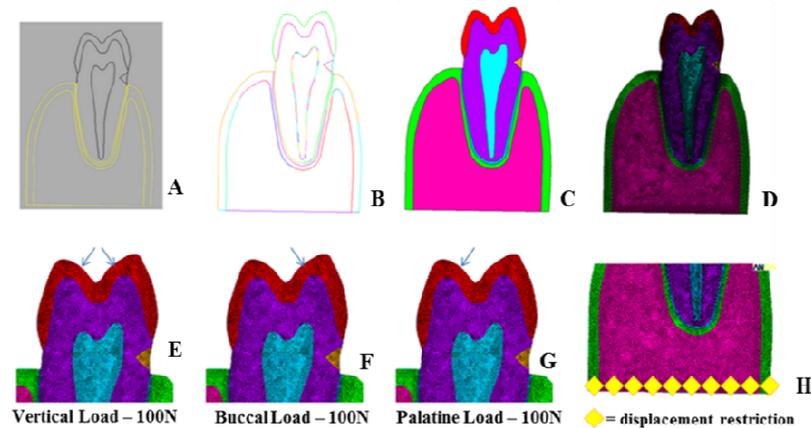
Finite element analysis (FEA) was used to evaluate the effects of NCCL morphologies, occlusal contact type and composite restoration, on the pattern of stress distribution of premolars. A computerized two-dimensional linear Finite Element Analyses (FEA) simulated a healthy tooth model (H) with dental structures including: dentin, pulp, enamel, periodontal ligament, cortical bone, and trabecular bone (SOARES et al., 2009). Three NCCL morphology models were examined: Mixed (MI), Saucer (SA) and Wedge-shaped (WS) (HUR et al., 2011). All types of lesions were analyzed with and without restoration (Figure 1).



**Figure 1.** Simulated models. A) Healthy (H); B) Mixed model (MI); C) Saucer model (SA); D) Wedge Shaped model (WS); E) Restored MI model; F) Restored SA model; G) Restored WS model.

The dental structures' geometry was simulated using CAD Software (Autodesk Mechanical Desktop 6; Autodesk Inc., San Rafael, Calif) in order to obtain internal and external structural contours (Figure 2.A). The data obtained were exported to ANSYS 12.0 using the \*.iges format (Figure 2.B). The stress distribution patterns

were analyzed using ANSYS 12.0 (ANSYS Inc. Houston, USA). This software was used to define the area of the dental structures (Figure 2.C), their mechanical properties, mesh (Figure 2.D), boundary conditions of each model (Figure 2. E-H) and to produce the resulting analysis.



**Figure 2.** Finite Element models generation. A) CAD software model outlines; B) Outlines exported to ANSYS; C) Created areas of each dental and support structure; D) Mesh; E) Vertical Load (VL) application; F) Buccal Load (BL) application; G) Palatine Load (PL) application; H) Displacement restriction.

Areas corresponding to each structure were plotted by linear associations (Figure 2. B and C). The mesh of the models was elaborated using isoparametric elements of 8- brick nodes with three degrees of freedom per node (PLANE 183) according to the mechanical properties of each structure. The values for mechanical properties were obtained by means of a literature review (Tables 1 and 2). The meshing process involved division of

the system being studied into a set of small discrete elements defined by nodes. The number of elements generated varied depending on the different geometries that were meshed, so that the final result accurately represented the original geometry. Enamel and dentine properties were considered orthotropic; the other dental structural properties used were considered isotropic. The models were considered homogeneous and elastic.

**Table 1.** Mechanical properties used to perform isotropic structures.

Structure/Material	Elasticity Modulus (GPa)	Poisson ratio
<b>Pulp</b>	0.003	0.45
<b>Periodontal Ligament</b>	0.068	0.45
<b>Cortical bone</b>	13.7	0.30
<b>Trabecular bone</b>	1.37	0.30
<b>Composite resin</b>	16.6	0.24

Source: JOSHI, 2001; TOPARLI, 2003; SILVA et al., 2009.

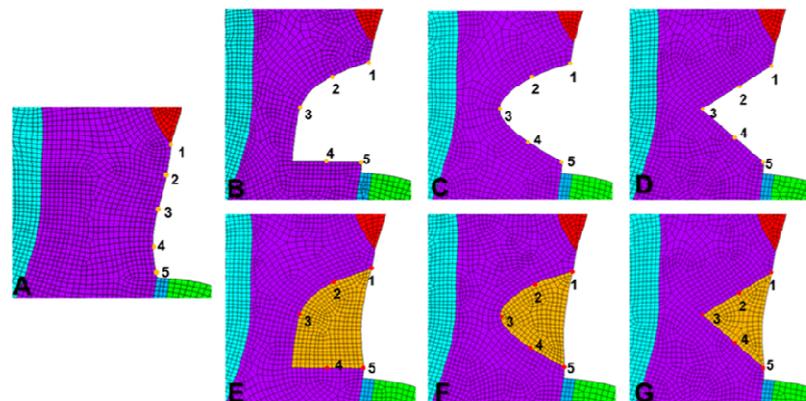
**Table 2.** Mechanical properties used to perform orthotropic structures.

Structure	Elasticity Modulus (E) (GPa)		Shear coefficient (G) (GPa)		Poisson ratio	
	Longitudinal	Transverse	Longitudinal	Transverse	Longitudinal	Transverse
Enamel	73.72	63.27	20.89	24.07	0.23	0.45
Dentine	17.07	5.61	1.7	6	0.3	0.33

Source: MIURA et al., 2009.

Each step of the boundary conditions consisted of the displacement restrictions of the model and load application. The displacement model was restricted in all nodes on the base of the cortical and medullar bone (Figure 2. H). Three different types of load, of 100N each, were distributed and applied on five nodes (Figure 2. E-G): Vertical Load (VL), Buccal Load (BL) and Palatine Load (PL) (REES, 2002). These applied loads simulated occlusal interference on the palatine and buccal slopes of the premolars during occlusion

(in maximum intercuspal position). The VL was distributed equally on both cusps so that its result was parallel to the long axis of the tooth (Figure 2. E). The BL was applied in the buccal cusp, at 45 degrees to the long axis (Figure 2. F) and the PL was equally applied in the palatine cusp (Figure 2. G). Maximum Principal Stress ( $\sigma_1$ ) was analyzed for each model created. The quantitative analysis of stress (MPa) was calculated at five points of NCCL according to morphology lesion types. (Figure 3).



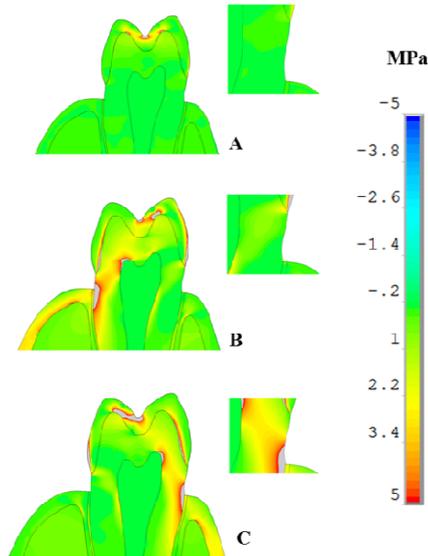
**Figure 3.** Selected points for calculation of stress values (MPa) in the analysis of NCCL morphologies. Point 1: Initial point; Point 2: Superior wall; Point 3: Center of lesion; Point 4: Inferior wall and Point 5: Final point. A) H model; B) MI model; C) SA model; D) WS model; E) Restored MI model; F) Restored SA model; G) Restored WS model.

## RESULTS

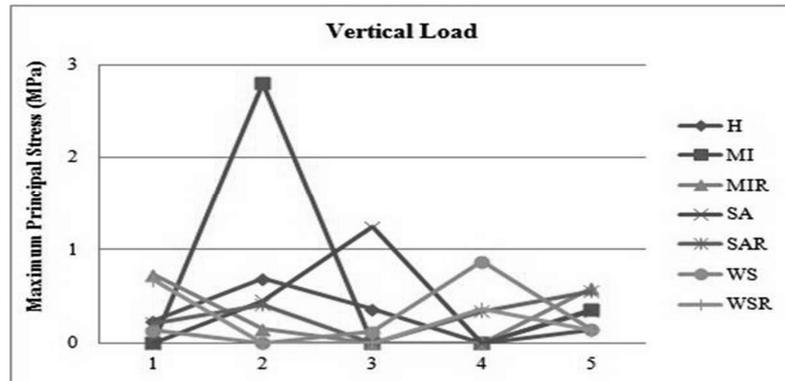
The healthy (H) model presented better stress distribution, independently of the load applied, when compared to all of the non-restored models (Figure 4). When load was applied vertically, the tensile stress accumulated in the buccal cervical region demonstrated values approximating 1 MPa (Figure 5). The H/BL model presented similar values for the buccal cervical dentin region, compared to the H/VL model. In the H/BL model, tensile stresses were concentrated in the cervical region of the palatine face. The H/PL

model produced the highest concentration of tensile stress in the cervical region of the vestibular face, approaching 7MPa at point 4 (Figure 4).

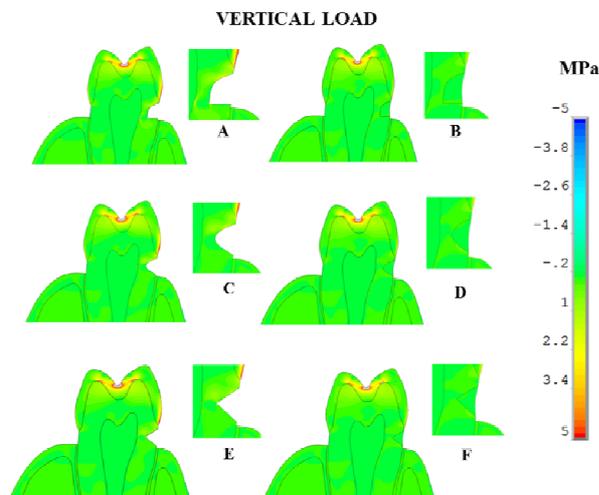
The vertical load (VL) produced lower levels of stress concentration than the other types of load, independently of lesion type (Figure 6). Higher values of tensile stress were found at point 2 for MI lesions, 2.80 Mpa (Figure 5).



**Figure 4.** Maximum Principal Stress distribution on the Healthy (H) model. A) H/VL; B) H/BL; C) H/PL.



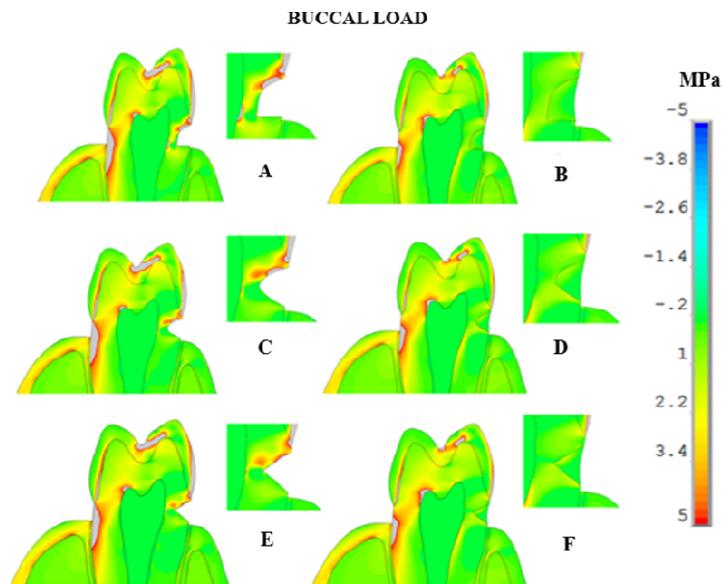
**Figure 5.** Maximum Principal Stress values (MPa) on NCCLs at selected points on models that received Vertical Load (VL).



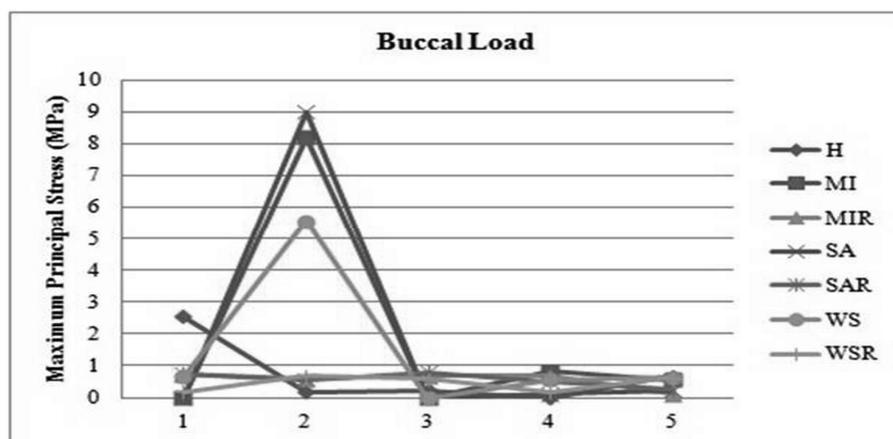
**Figure 6.** Maximum Principal Stress distribution of NCCL morphology models that received Vertical Load (VL). A) MI model; B) Restored MI model; C) SA model; D) Restored SA model; E) WS model; F) Restored WS model.

Models with buccal load (BL) presented higher tensile stress concentration on the enamel surface of the buccal face and on the cervical region of the palatine face, affecting adjacent periodontal

support tissues (Figure 7). The BL promoted higher values of tensile stress at point 2 of the SA and MI models with values of 8.99 and 8.19 MPa, respectively (Figure 8).



**Figure 7.** Maximum Principal Stress distribution of NCCL morphology models that received Buccal Load (BL). A) MI model; B) Restored MI model; C) SA model; D) Restored SA model; E) WS model; F) Restored WS model.

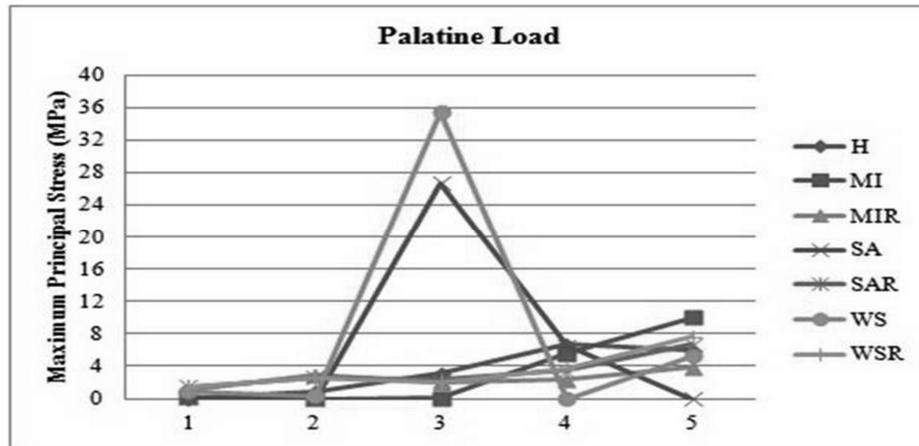


**Figure 8.** Maximum Principal Stress values (MPa) on NCCLs at selected points on models that received Buccal Load (BL).

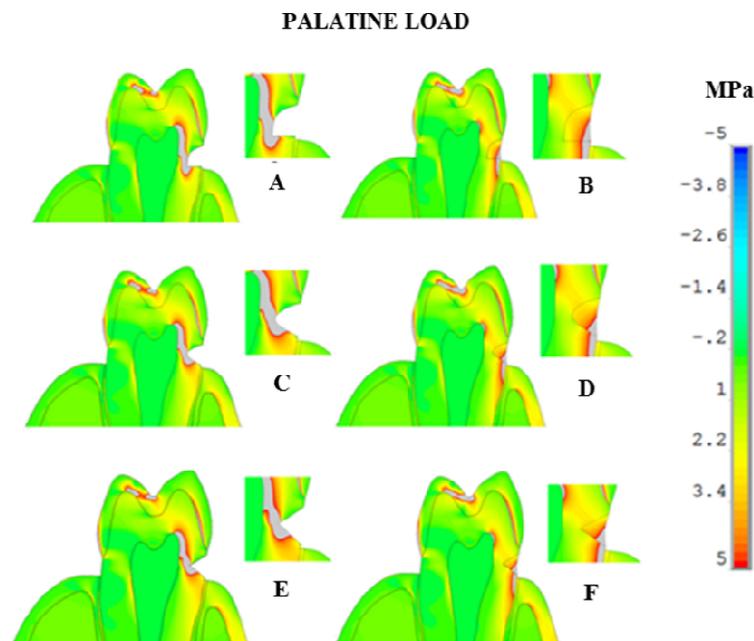
Palatine load (PL) presented the highest tensile stress values when compared to the other types of loads, independently of lesion type (Figure 9). PL was associated with the tensile stress concentration on the cervical region of the buccal face and on the enamel surface of the palatine face. The adjacent periodontal support of the buccal face was also affected (Figure 10). Higher values of tensile stress were found at point 3 of the WS and

SA models with values of 35.39 and 26.73 respectively (Figure 9).

Independently of lesion morphology or load type, when the NCCLs were restored with composite resin, better stress distribution was identified in the models. Models that had lesions restored, demonstrated stress distribution patterns similar to those of a healthy tooth.



**Figure 9.** Maximum Principal Stress values (MPa) on NCCLs at selected points on models that received Palatine Load (PL).



**Figure 10.** Maximum Principal Stress distribution of NCCL morphology models that received Palatine (PL). A) MI model; B) Restored MI model; C) SA model; D) Restored SA model; E) WS model; F) Restored WS model.

## DISCUSSION

Lesion morphology had minimal effect on the biomechanical behavior of maxillary premolars. Load type and the presence of restoration, however, were principal factors associated with the stress distribution patterns.

Buccal load promoted greater concentration of tensile stress in the cervical region of the palatine face and greater stress values at point 2 of non-restored NCCLs, regardless of morphology (Figures 7 and 8). In models with restored NCCLs there was a lower concentration of tensile stress in the cervical region, similar to model H. Stress generated at point

2 of the NCCLs presented a better distribution on restored models.

The results of this study thus demonstrated that the PL produced higher concentrations of stress in the cervical region of the buccal face as compared to the VL and BL concentrations. This finding is in agreement with (REES, 2002), who reported that change in position of the occlusal contact varies the intensity of tensile stress in the cervical region.

In non-restored models, the PL produced a large accumulation of stress at point 4 of the NCCLs, regardless of morphology. These accumulations may be a factor that causes horizontal progression of NCCLs, resulting in an

increase in depth of the lesion. When the same load was applied in models with restored NCCLs, stress increased in the buccal cervical region, especially in the root dentin and part of the composite resin restoration. The presence of restoration resulted in a distribution of stress that was similar to the H model and those that received PL.

The occlusal loading along the long axis of the tooth (VL), created stress in the cervical region (PALAMARA et al., 2000) varying according to the amount and size of the NCCLs (MADANI; AHMADIAN-YAZDI, 2005). For this reason occlusal adjustment should be part of NCCL treatment (BORCIC et al., 2005).

Models with SA and WS morphologies that received VL demonstrated a concentration of tensile stress at point 2 of the NCCLs. This stress concentration could produce a longitudinal progression of the lesion leading to increased vertical extension of the lesion. The SA, WS and MI morphologies, when subjected to PL, demonstrated tensile stress concentration at point 4 of the NCCLs which could result in progressive depth of the lesion. Both types of loading, if not adjusted to an adequate occlusion, could result in progression of the NCCL dimensions.

Restoration of lesion is not simply removal of the etiology or treatment. It is a replacement of lost tissue to improve dentine hypersensitivity and aesthetics (MICHAEL et al., 2009). Resin is among the restorative materials currently of choice. It is the most widely used due to its aesthetic and mechanical properties (KIM et al., 2009) as well as being an effective and conservative technique (WOOD et al., 2008). The composite resin restored NCCLs, regardless of the type of loading or morphology of the lesion, demonstrated better stress distribution, similar to the healthy model, due to the mechanical properties of composite resin. There were, however, some cases of failure in class V composite restoration. These may be related to the greater difficulty in achieving adhesion to dentin sclerotic, usually at the base of the NCCL (TAY et al., 2000). Other factors that can affect the longevity

of the restoration include marginal staining (straining?) of the restoration, (possibly due to polymerization shrinkage of the composite), the insertion of large volumes of resin or difficult access in the lobby distal area, for finishing the restoration (BURROW et al., 2012).

Point 3 of the MI models was not the area of principal stress concentration. The area of greatest tensile stress concentration was at the internal angle of the lesion. These data were not standardized or compared, however, with the data from the other lesion morphologies.

The finite element analyses simulated a clinical situation. But because of limitations of this method, *in vivo* and *in vitro* studies still need to be performed to elucidate and complete the data.

## CONCLUSIONS

The different NCCL morphologies demonstrated minimal effects on stress distribution patterns, while the main factors affecting the biomechanical behavior of premolars were load type and NCCL restoration.

The composite restorations resulted in similar stress distribution patterns and lower values of tensile stress than observed in healthy teeth. This was also the case when restorations were compared with non-restored models for all load types, independently of lesion morphology.

The load applied on the palatine cusp was more harmful for dental structure when compared to loads on buccal or both cusps. Load values on both cusps demonstrated better stress distribution and the lowest tensile stress values.

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**RESUMO:** O objetivo desse estudo foi analisar a influência de diferentes morfologias de lesões cervicais não cárias (LCNCs) em pré-molares superiores restaurados ou não com resina composta, aplicando três diferentes carregamentos oclusais. A hipótese é que a morfologia, o tipo de carregamento e a restauração influenciem no padrão de distribuição de tensão. Através do método de elementos finitos, foram simulados modelos bidimensionais, homogêneos, lineares e elásticos. O modelo do dente hígido (H) foi representado com as seguintes estruturas: dentina, polpa, esmalte, ligamento periodontal, osso cortical, osso trabeculado e posteriormente simulou-se três morfologias de LCNCs: Mista(MI), Arredondada (SA) e em forma de Cunha (WS). Todos os tipos de lesão foram analisados com a presença e ausência da restauração. Em cada modelo foram aplicados três diferentes tipos de carregamento, com 100 N cada: carregamento vertical (VL), carregamento vestibular (BL) e carregamento palatino (PL). A análise quantitativa das tensões foi realizada através do critério de Tensão Máxima Principal em cinco regiões de cada LCNC, nos seguintes pontos: ponto

inicial, parede superior, centro da lesão, parede inferior e ponto final. Como resultado, as LCNCs restauradas com resina composta apresentaram distribuição de tensão semelhante a do modelo do dente hígido, independente da morfologia e do carregamento. O carregamento palatino foi responsável pelos maiores valores de acúmulo de tensão nas LCNCs. É possível concluir que os diferentes tipos de morfologia das LCNCs apresentaram pequena influência no padrão de distribuição de tensão. Os fatores de maior influência no comportamento biomecânico de pré-molares foram o tipo de carregamento e a presença da restauração.

**PALAVRAS-CHAVE:** NCCL. MEF. Resina Composta.

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